



Name: _____ DOB: _____ Primary Care Physician: _____

Have you RECENTLY noted any of the following (check all that apply)?

- changes in bowel or bladder function, weight loss/gain, fever/chills/sweats, nausea/vomiting, shortness of breath, pain at night, dizziness/lightheadedness, headaches, weakness/fatigue, difficulty maintaining balance while walking, changes in appetite, difficulty swallowing

Have you EVER been diagnosed with any of the following conditions (check all that apply)?

- cancer, rheumatoid arthritis, diabetes, heart disease, stroke, multiple sclerosis, high blood pressure, depression, kidney/liver problems, asthma, anemia, stomach ulcers, pacemaker inserted, lung problems, epilepsy, osteoporosis, thyroid problems, Parkinson's disease, chemical dependency (i.e., alcoholism), other

Do you smoke? Yes No _____ pack/day

FOR WOMEN: Are you currently pregnant or think you might be pregnant? YES NO

Please list current medications: _____

ALLERGIES: _____ Are you latex sensitive? Yes No

Please list any surgeries or other conditions for which you have been hospitalized, including dates:

1. _____ 2. _____ 3. _____

Pain Description: How would you describe your pain?

- Sharp/Stabbing, Dull/Achy, Throbbing, Tingling, Burning

Pain Currently: Rate your level of pain at this time

(0 = no pain, 10 = Worst pain imaginable)

0 1 2 3 4 5 6 7 8 9 10

Pain LOWEST: Rate your lowest pain level in past 24 hrs (0 = no pain, 10 = Worst pain imaginable)

0 1 2 3 4 5 6 7 8 9 10

Pain Highest: Rate your highest pain level in the last week

(0 = no pain, 10 = Worst pain imaginable)

0 1 2 3 4 5 6 7 8 9 10

List 2 important activities you are unable to, or have difficulty performing due to your pain. (ex. Stairs, reaching overhead, running)

1. _____ 2. _____

What is your goal for therapy at this time? _____

Patient Signature _____ Date: _____